

# SHOW US YOUR FLAT 'SWOOP'

Social distancing with  
Flat 'Swoop' is the best  
medicine for this pandemic!



To get started:

- Download this PDF
- Print it out
- Cut along the dotted lines
- Adhere to cardboard or a favorite flat surface!
- Send us a selfie or tag us on Instagram to share your adventures!

Email: [publicrelations@nmc.edu](mailto:publicrelations@nmc.edu)

Instagram: [nmc\\_tc](https://www.instagram.com/nmc_tc)

[#flatswoop](https://www.instagram.com/hashtag/flatswoop)

[#flatswoopandme](https://www.instagram.com/hashtag/flatswoopandme)

[#hawkowpride](https://www.instagram.com/hashtag/hawkowpride)