Domains of Reflection: Example Reflection Questions

Cognitive (knowledge, facts, patterns, research, theory)
- What model/concept/theory/content do you see applying to your experience?
- How does the experience make you think about the content differently?
- What connections in the experience do you see to the content?

Personal/Affective (developmental, attitudes and feelings)
- How does this change your feelings about the content or your understanding of the material?
- How does this experience change your attitudes toward the content?
- How did this experience affect you personally?

Civic (democratic and social)
- How does the experience affect your role as a citizen?
- How does the experience affect your sense of responsibility to the problem/question/experience?
- What do you believe is the role of society/community in solving the problems raised in the experience?

Professional (organizational, skills-based)
- How does the experience affect your understanding of the field/discipline?
- How do you see this experience changing how you might do your job?
- How do you see this experience preparing you for the field/career/discipline?
- How do you think this experience affected your ability to work in a professional environment?

Psychomotor (emphasis on action--brain/body, health, being able to do)
- How did the seeing/touching/hearing something alter your understanding of the content?
- How does this experience affect your understanding of what people do in the field?
- How did the physical situation of the experience change your understanding or attitudes?