

CAREER EXPLORATION WORKSHEET

This exercise will assist you in comparing careers you are considering. List your top 5 careers below. Use [Occupational Outlook Handbook](#) to review descriptions of your careers of interest. Write down the words or phrases that appeal to you about each career in the boxes below.

Careers of Interest	Characteristics
1.	
2.	
3.	
4.	
5.	

Questions to consider: *Do you see a pattern (i.e., characteristics that are listed multiple times)? Is there a career for which you've written down more characteristics? How do these careers relate to your interests, abilities, and personality? What do you like/dislike about each career option? Are there careers on your list you feel excited about exploring further? If multiple careers stand out, what additional information would you want before making a decision?*