



Italian Culinary Traditions

Langhe and Genova

This course invites you to explore the richness of Italian cuisine through the distinctive landscapes of the Langhe and the Ligurian coast, from the rolling hills of Piedmont to the sea of Genova and Liguria. Guided by chefs, farmers, fishermen, producers, and local experts, students will discover how these neighboring regions have developed culinary traditions shaped by their landscapes, products, and cultural heritage.

2026/27
May 10 - 19, 2027

**ALBA ACCADEMIA
ALBERGHIERA**
Corso Barolo, 8, Alba (CN)

LODGING

Alba Village Hotel
Corso Piave 219, 12051 Alba (CN)
Ostello Bello Genova
Via Balbi 38, 16126 Genova (GE)

PREREQUISITES

Basic cooking methods is required
and HACCP certification equivalent.



NORTH AMERICAN ACCOUNT & MAIN ITALIAN CONTACT:
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COMPOSITION OF COURSE

LANGHE | GENOVA

Course structure:

This course takes place across two regions: Piedmont, based in Alba, and the Ligurian coast, with a focus on Genova.

Course content:

- Piedmontese wines and winemaking traditions
- Michelin-starred cuisine
- Artisan goat cheese production
- Sea-to-table Ligurian cuisine
- Traditional Genovese pesto
- Traditional Genovese focaccia

Didactic visits:

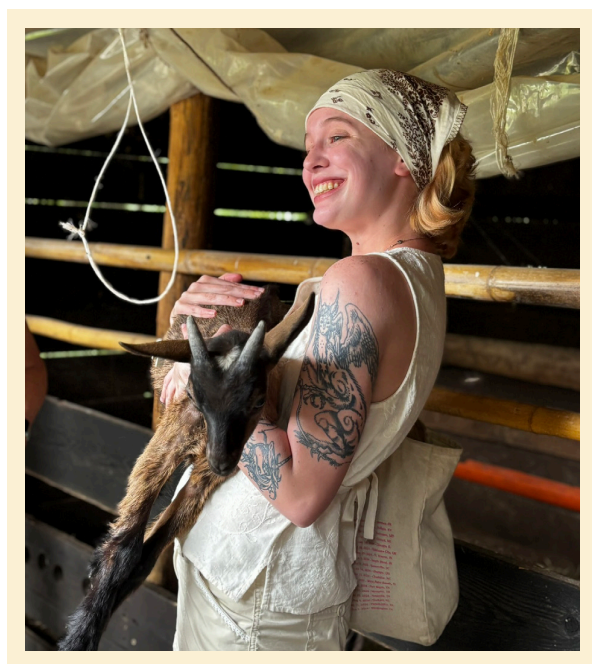
The heart of the course consists of didactic visits to local producers and experts within the field. This is a great opportunity for the students to see different levels of production within both artisanal and medium - big sized companies.

Special experience:

- One of the experiences will include a hands-on cooking class, followed by a lunch prepared and enjoyed by one of the Langhe's acclaimed Michelin-starred chefs.

Focus on ingredients:

Hazelnut Piemonte IGP | Piedmontese Veal | Robiola Cherasco De.Co. | Barolo DOCG | Basilico Genovese DOP | Ligurian fish



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