

MAKE IRELAND YOUR CAMPUS



March 22 - 30, 2025 - Study Abroad Program in Ireland
(Depart March 22, Return March 30)

Practice student success skills in Ireland

Being successful in college and life requires strong time management, collaboration, teamwork, and communication skills, as well as a mindset that embraces learning, challenge and even failure. This trip is a chance to develop all of these skills through experiential learning. And you will do all of this while also exploring beautiful Donegal, Ireland, a unique area of the world with a rich environmental, historical and cultural heritage.

Highlights include:

- Outdoor activities - hiking, kayaking, surfing in beautiful locations
- Visits to historic locations including the dramatic Wild Atlantic Way, sacred tombs of the ancients, forts of tribal chieftains, and castles of the colonizers
- Fun with new friends at a lakeside adventure centre in County Donegal, Ireland's coolest county!
- Improve your skills of communication, organization and teamwork
- Experience the culture of a European Country

You must have successfully completed: EDU 100

Cost \$3035 - Includes: Airfare, Accommodation, Program, and Most Meals

Your financial aid may cover a portion of the cost! Most students are eligible for a \$1000 NMC Scholarship. \$500 deposit deadline: NOVEMBER 15, 2024

Contact: Jim Bensley jbensley@nmc.edu or Marina Call mcall@nmc.edu for further details

March 22-30, 2025 - Trip Timetable

Date	Morning	Afternoon	Evening
22/3			Depart USA for Ireland
23/3	Arrive Dublin Airport. ISAI team will meet students and faculty at the airport. ISAI Team Leader is Siobhan Bennett	Arrival Meet & Greet to Gartan. Room allocation and orientation of centre and grounds.	Ice Breakers: These are a combination of activities to energise individuals, whilst building rapport amongst group visiting staff and Gartan Instructors.
24/3	Kayaking: An introductory session on the lake comprising of skills development, peer collaboration, leadership, dynamic risk awareness and local history of the Gartan area	Climbing/Archery: Not at the same time :) Students can assist/support peers with belaying, and coaching. Climbing is great for highlighting fundamentals of movement, agility, balance and coordination.	King of the Craic: A fun and enjoyable team event in which students collaborate with peers to win creativity points
25/3	Errigal: Hiking up Co Donegal's Highest Mountain. Students will explore navigation in the hills	Raft Build: A fun competitive events in which students design and create their own raft before racing it against peers.	Snakes & Ladders: An active general knowledge event
26/3	SUP: Stand up Paddleboarding offers similar outcomes to kayaking and climbing. Building on learnings from previous sessions, common themes of leadership, risk awareness	Orienteering/Team Tasks: This session also brings together the thematic learnings from previous sessions	Egg Test; Creative problem solving event in which students work in teams. GAA: Students attend a local Gaelic Football match.
27/3	Self Programming	Self Programming	Night Line: This session encourages communication skills of listening and speaking. Fire Pit; Students chill out and reflect on their experiences around the fire.
28/3	Departure at 2pm to Bundoran	Arrive to Bundoran, Check-in, Room allocation.	Irish Movie Night
29/3	Beginner surf lesson	Community Garden Service Project	Bowling Night
30/3	Depart for Dublin Airport, Return to USA		

